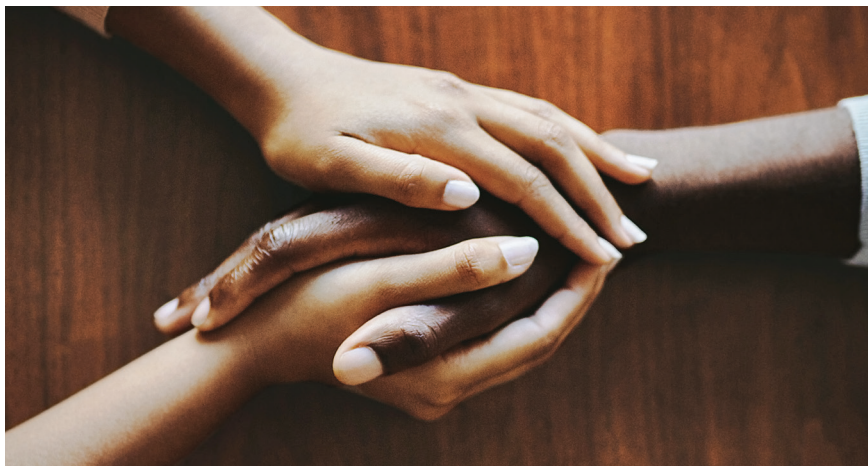


10 ways you can help

Survivors of Domestic Violence

1. **Believe** them.
2. **Reassure** them that the abuse is not their fault.
3. **Listen** to what they are saying.
4. **Encourage** them to speak with an advocate about safety planning.
5. **Respect** the decisions they make.
6. **Ask** what type of support would be helpful.
7. **Provide** a safe time and place for them to share their story.
8. **Don't assume** they will end the relationship and don't pressure them to do so.
9. **Maintain** their privacy. Don't talk negatively about them or their abuser in public or online.
10. **Supporting someone who struggling can be difficult; know that you deserve support as well. Domestic violence resources are available.**





Our Mission

Established in 1975, Sojourner's mission is to transform lives impacted by domestic violence.

Sojourner Family Peace Center provides crisis housing, system advocacy, and individual support to women, children, and men who have experienced domestic violence. The Family Peace Center accommodates a number of co-located and visiting partner organizations, offering an array of support to help families who have experienced trauma achieve safety, healing, and self-sufficiency.

If you, or someone you know, is experiencing domestic violence, Sojourner Family Peace Center is here to help. You'll find all the support and resources you need under one roof.

**General Information:
414-276-1911**

**Sojourner 24-Hour Domestic
Violence Hotline and Shelter:**
Call **414-933-2722** Text **414-877-8100**

Visit Us
619 W. Walnut Street, Milwaukee, Wisconsin, 53212
8 AM – 7 PM Monday – Thursday
8 AM – 5 PM Friday

familypeacecenter.org



SOJOURNER

Transforming lives impacted by domestic violence.

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